

RIIPE GERST (Ripe Barley)
(Dutch Couple Mixer)

A funfull dance, excellent with children's groups. This is a harvest dance from Twente province. The dialect title is "Riepe, Riepe Garste."

Music: Record: Folkraft 1522x45 4/4 meter

Formation: Ptrs facing, M back to ctr.

Measures Pattern

A **FIG I (CLAP AND MOW)**

- | | |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | Ptrs clap both hands together (ct 1), clap own hands (ct 2), ptrs clap R hands together (ct 3), clap own hands (ct 4). |
| 2 | Ptrs clap L hands together (ct 1), clap own hands (ct 2), ptrs clap both hands together (ct 3), clap own hands (ct 4). |
| 3-4 | Bending slightly at waist, ptrs clap alternate hands, starting with R, a total of 8 times, imitating motion of a sickle mowing the barley. |
| 5-8 | Repeat pattern of meas 1-4. |

B **FIG II**

- | | |
|------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | Hands on hips, move away from ptr with two STEP-CLOSE-STEPS sdwd R. |
| 2 | Three stamps (R, L, R) in place. |
| 3-4 | Repeat pattern of meas 1-2, Fig II, reversing direction and footwork to place. |
| 5-8 | R elbow swing with ptr turning CW with 16 running steps. |
| 9-16 | Repeat pattern of meas 1-8, Fig II, reversing direction and footwork, starting sdwd L and with L elbow swing. At the end each M and W move to R to meet a new ptr. |

Presented by Vyts Beliajus